

CLASS ATTIRE



CLASS ATTIRE REQUIREMENTS
2018-2019



CLASS ATTIRE



Personal Hygiene

As you all know, Presentation and the Overall look of a Dancer, in class and in dance numbers is a key part to your child's success.

As experienced Teachers, Educators and Adjudicators, we believe that part of this presentation includes Personal Grooming.

We say this as delicately as possible, for ALL Dancers - Underarm Care.

As much as we understand we would like to keep our children just that - children... for as long as possible, however there comes a point in their Dance Career at the studio or further down the road if they pursue the art Form, where we can no longer avoid the topic of underarm care.

We therefore respectfully ask that you as Parents please discuss the importance of shaving with your Female Dancer (please check if this is a concern now, as girls can develop quickly ...unannounced to us moms).

Another subject to discuss is the use of DEODORANT for all Male And Female Dancers. ALL DANCERS should have deodorant in their dance bags from approx. th age of 8 years and up

We do understand that in this day and age, there can be a concern for products and their chemical content so provided below some alternatives to the regular drug store products (most drug stores though do offer a natural product called TOM'S).

- 1) Mix coconut oil with cornstarch, baking soda and your favourite essentials oils for a natural deodorant that smells fantastic (coconut oil is also a great natural make up remover)
- 2) Lavender oil - rub 2-4 drops of this oil over armpit area

THANK YOU FOR YOUR ATTENTION TO THIS MATTER

CLASS ATTIRE

DANCERS MUST DRESS/LOOK PROFESSIONAL TO BE AT THEIR BEST IN A DANCE CLASS EVEN IN OUR BEGINNER & PRE-SCHOOL LEVEL DANCE CLASSES

**SLOPPY CLOTHING IS NOT APPROPRIATE FOR ANY DANCE CLASS
DANCERS MAY BE ASKED TO LEAVE CLASS IF ATTIRE IS
CONSISTENTLY INAPPROPRIATE**

**ALL BALLET DANCERS MUST HAVE THEIR HAIR IN A CLASSICAL BUN
NO SLOPPY HALF DONE BUNS/HAIR PLEASE**

**2 X 2
10 Week Program**

Footwear: Bare Feet Or Dance/Gymnastics Slippers. NO outdoor footwear.

GIRLS: Leggings and a Shirt/Dance Dress.
Bodysuit and tights are welcome, but not necessary.
Hair off the Face and up if long.

BOYS: Sweat Pants/Athletic Shorts & A T-Shirt (no button down shirts), gymnastics onsies may be worn

PARENTS: Yoga, Dance Or Gym/Workout Attire is most suitable.
Hair off the face (as much as possible)

**And We R 3
Pre-School 4 Years
K5 Kombo**

- *Hair MUST BE UP and OFF OF THE FACE...FOR ALL CLASSES*
- *Hair MUST be in a BUN for all Pre-School, K5 & ALL Ballet classes*
- *Full foot tights must be worn*
- *Undergarments should NOT be worn under tights.*

And We Are 3

Mondor "True" Pink Bodysuit (style #1645)
Ballerina Pink Tights (micro fibre)
Pink Ballet Slippers With Elastic Drawstring.

Optional: "True" Pink Skirt (style #6207)

**Pre-School 4 Years
K5 Kombo**

Mondor "True" Pink Bodysuit (style #1645)
Ballerina Pink Tights (micro fibre)
Pink Ballet Slippers With Elastic Drawstring.
Black Patent Tap Shoes.

Optional: "True" Pink Skirt (style #6207)

BALLET SLIPPERS & TAP SHOES MUST FIT. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.

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 NO SPORT BRAS OR BRAS VISIBLE

<p>Pre-Primary Ballet & Primary Ballet</p>	<p>Short Sleeve Lilac Bodysuit (Mondor - RAD) Lilac Wrap Skirt (Mondor - RAD) Ballerina Pink Ballet Tights (micro fibre, non-seamed) Full Soled Soft Italian Leather Pink Ballet Slippers With Elastic Drawstring</p>
<p>PLEASE NOTE!</p>	<p style="text-align: center;">BALLET SLIPPERS MUST FIT CORRECTLY, WITH A LITTLE GROWING ROOM. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.</p>
<p>Ballet Grade 1 - 5</p>	<p>Sleeveless Navy Blue Mondor RAD Bodysuit with Matching Waist Elastic If buying a NEW bodysuit - please purchase the Lycra Version of this suit with a gather at the bust, also with matching waist elastic. Ballerina Pink Tights (Micro Fibre, Non-Seamed)</p> <p><u>Grades 1 & 2:</u> Soft Italian Leather Pink Ballet Slippers - Elastic Drawstring.</p> <p><u>Grades 3 - 5:</u> Soft Italian Leather Pink Ballet Shoe - Elastic Drawstrings.</p> <p><u>Silver Springs Location - R.A.D. Ballet Classes Need the Following</u> Navy Blue Character Skirt (purchased through studio) Black Canvas Character Shoes <u>Ballet Levels 1 & 2:</u> Black Canvas Character Shoes Low Heel Only <u>Ballet Levels 3 - 5 :</u> Black Canvas Character Shoes (Higher Square Heel)</p>
<p>Ballet Grade 6 & up</p>	<p>Sleeveless Black Bodysuit, Any Style Ballerina Pink Ballet Tights (Seamless, Micro-Fibre) Soft Italian Leather Pink Ballet Slippers - Elastic Drawstring (Or Canvas Shoes Are Accepted) Navy Blue Character Skirts are required</p> <p><u>Ballet Levels 6 - 8 :</u> Black Canvas Character shoes (Higher Square Heel)</p>

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Ballet VC & Pointe All Levels	ANY Solid Colour Bodysuit - Any Style NO SPORT BRAS OR BRAS VISIBLE Ballerina Pink Ballet Tights Micro-Fibre, Seamless Tights Canvas or Leather Ballet Shoes
<u>PLEASE NOTE</u>	BALLET SLIPPERS MUST FIT CORRECTLY, WITH A LITTLE GROWING ROOM. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.
All Teen Ballet	Black Or Navy Bodysuit - Any Style NO SPORT BRAS OR BRAS VISIBLE Pink Ballet Tights (Micro-Fibre, Seamless) Soft Leather Pink Ballet Slippers With Elastic Drawstring.
Boys Ballet Attire	Black Shorts Above The Knee White Tank Top, Black Ballet Slippers With Elastic Black Socks. ALL Boys ages 11 And Up Must Wear A Dance Belt
Pre-Pointe Class	Black Bodysuit ONLY - Any Style NO SPORT BRAS OR BRAS VISIBLE Convertible Ballerina Pink Ballet Tights Soft Blochs with Ribbons- the fit must be approved by the Instructor
Pointe Classes	Black Bodysuit ONLY - Any Style NO SPORT BRAS OR BRAS VISIBLE Convertible Ballerina Pink Ballet Tights - with Seams Pointe Shoes with Ribbons - must be approved and fitted professionally and not 'broken"
ALL ABOVE CLASSES	Warm-Up & Winter Layers must be fitted with NO HOODS or Zippers
Adult Ballet	Any Style Dancewear (Bodysuit, Chiffon Wrap Skirt) Ballet Slippers.



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**DANCERS WITH LONG HAIR SHOULD BE WEARING THEIR HAIR IN A SOCK BUN OR
CLASSICAL BUN FOR ALL DANCE CLASSES ☺**

<p>Contemporary Ballet/Lyrical Combo Lyrical</p> <p>All Levels</p>	<p>Any Style Plain Coloured Bodysuit - NO BRAS VISIBLE</p> <p>Tights - Pink or Light Tan Tights</p> <p>Or A Bodysuit And Fitted Dance Shorts Are Also Acceptable.</p> <p>SHORTS MUST BE at least 3" IN THE INSEAM</p> <p>'Bloch" Tan Split-Soled Jazz Shoes Or Foot Thongs/ Paws.</p> <p>Warm-up attire for the start of class ONLY is allowed.</p> <p>Hair Up And Back Off The Face.</p> <p>NO STREET CLOTHES ALLOWED.</p>
<p>Musical Theatre</p> <p>All Levels</p>	<p>Any Style Black Bodysuit - NO BRAS VISIBLE</p> <p>Ballerina Pink Tights Or Light Tan Tights</p> <p>"Bloch" Tan Split-Soled Jazz Shoes.</p> <p>Hair Up And Back Off The Face.</p> <p>NO STREET CLOTHES ALLOWED.</p>
<p>Acro</p>	<p>ANY Colour BODYSUIT and Dance Short</p> <p>SHORTS MUST BE AT LEAST 3" IN THE INSEAM</p> <p>Bare feet or any gymnastic shoe is acceptable...no socks please!</p> <p>Hair up and back off the face. No street clothes allowed.</p>
<p>Celtic</p>	<p>Any Style Black Bodysuit</p> <p>Ballerina Pink Tights Or Light Tan Tights</p> <p>Dance Shorts Can Be Worn But Must Have AT Least A 3" Inseam</p> <p>Celtic Shoes And Celtic Socks Are Needed</p>
<p>Dance Conditioning</p> <p>All Levels</p>	<p>Any Style Appropriate Dancewear; 'Bloch" Tan Or Black Split-Soled Jazz Shoes, Or Bare Feet</p> <p>(This Will Be Determined By The Instructors)</p>

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CLASSICAL BUN FOR JAZZ CLASS ☺

K5 Jazz to Jr Jazz 5	<p>Any Style Black Bodysuit - NO BRAS VISIBLE</p> <p>Ballerina Pink Tights Or Light Tan Tights</p> <p>'Bloch" Or "Capezio" Tan Split-Soled Jazz Shoes - NO LACES</p> <p>T-SHIRTS OR NON DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME.</p>
Pre-Int.- Int. Levels Teen Jazz	<p>Any Style Black Bodysuit - NO BRAS VISIBLE</p> <p>Pink, Beige Or Black Tights</p> <p>Black Fitted Jazz Pants Or Black Dance Shorts</p> <p>Or A Bodysuit And Fitted Dance Shorts Are Also Acceptable.</p> <p>SHORTS MUST BE at least 3" IN THE INSEAM</p> <p>'Bloch" Or "Capezio" Tan Split-Soled Jazz Shoes - NO LACES</p> <p>T-SHIRTS OR NON DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME. PEASE SET A GOOD EXAMPLE FOR THE YOUNGER DANCERS ☺</p>
Senior Jazz	<p>Any Style/Color Appropriate Dance Wear - NO BRAS VISIBLE</p> <p>Appropriate Footwear.</p> <p>Fitted Dance Shorts</p> <p>SHORTS MUST BE at least 3" IN THE INSEAM</p> <p>T-SHIRTS OR NON DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME. PEASE SET A GOOD EXAMPLE FOR THE YOUNGER DANCERS ☺</p>
Boys Jazz	<p>Black Jazz Pants Or Shorts; White T-Shirt Or Tank Top</p> <p>Black Socks, Black Jazz Shoes.</p> <p>All Boys Aged 11 And Up MUST Wear A Dance Belt To Class.</p>

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Hip Hop

Jeans are **NOT PERMITTED**. **NO Street Clothes** and **Hair must be up**

ATTIRE: (Dancers Must Purchase The Following)

PDA Hip Hop Sweat Pants - With Our Hip Hop Logo On Them
Please Ask Office For More Details



Any White Plain T-Shirt OR Tank Top - NEW AS OF 2017

BLACK - NON MARKING SOLE INDOOR RUNNERS

(Dancers Must Purchase THE Runners themselves)

ALL HIP HOP (FEMALE) DANCERS MUST HAVE THEIR HAIR UP AND OFF THEIR FACE IN A PONYTAIL.

DANCERS WHO COME TO CLASS WITH THEIR HAIR DOWN AND NOT DRESSED IN THE APPROPRIATE PDA CLOTHING WIL BE ASKED TO NOT PARTICIPATE THAT DANCE CLASS.

NO EXCEPTIONS

Bollywood

Jeans are **NOT ALLOWED**. **NO Street Clothes**

ATTIRE: (Dancers Must Purchase The Following)

Black Fitted Tank Top - Dancewear/Work Style ONLY

(Eg, Iviva/LuLu Lemon) **NO BRAS VISIBLE**

Bare Feet Are Acceptable

Black Leggings OR Black Shorts

SHORTS MUST BE at least 3" IN THE INSEAM

ALL BOLLYWOOD (FEMALE) DANCERS MUST HAVE THEIR HAIR UP AND OFF THEIR FACE IN A PONYTAIL.

DANCERS WHO COME TO CLASS WITH THEIR HAIR DOWN AND NOT DRESSED IN THE APPROPRIATE PDA CLOTHING WIL BE ASKED TO NOT PARTICIPATE THAT DANCE CLASS.

NO EXCEPTIONS

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**DANCERS WITH LONG HAIR SHOULD BE WEARING THEIR HAIR IN A SOCK BUN OR
CLASSICAL BUN FOR TAP CLASS ☺**

Tap Shoes Must Have A Slight Bit Of Growing Room If Necessary, But Please NOT Too Big!!

Beg. Tap Junior Tap 1 & 2	Any Style Black Bodysuit Ballerina Pink Or Light Tan Tights Tan Tap Shoes "Mary Janes #3800
Jr. Tap 3 - 5	Any Style Black Tank Bodysuit Ballerina Pink Or Light Tan Tights Tan Cuban-Heeled So Danca #CHO1 Shoes With Tel-A-Tone Taps Also Purchase Rubber For Bottom Of Shoes.
Teen Level Tap	Any Style Black Tank Bodysuit Ballerina Pink, Light Tan Or Black Tights, Tan Cuban-Heeled So Danca #CHO1 Shoes With Tel-A-Tone Taps. Also Purchase Rubber For Bottom Of Shoes
Pre-Int Tap	Any Style Black Bodysuit, Pink Or Light Tan Tights Tan Cuban-Heeled Tap Shoes (#301) - With Tel-A-Tone Taps Black Lace Up Shoes Are Not To Be Purchased Without Permission Of The Instructor First.
Int. Level Tap & Up	Any Style or Color Appropriate Dancewear And Appropriate Footwear. Black Low Heeled Tap Shoes May Be Worn But Approved By The Instructor(s) First - Bloch #SO313 or So Danca #TA48
Boy's Tap	Black Shorts Or Jazz Pants and a White T-Shirt Or Tank Top Black Socks, Black Tap Shoes - Capezio# CG 17 or #442 All Boys Aged 11 And Up Must Wear A Dance Belt To Class